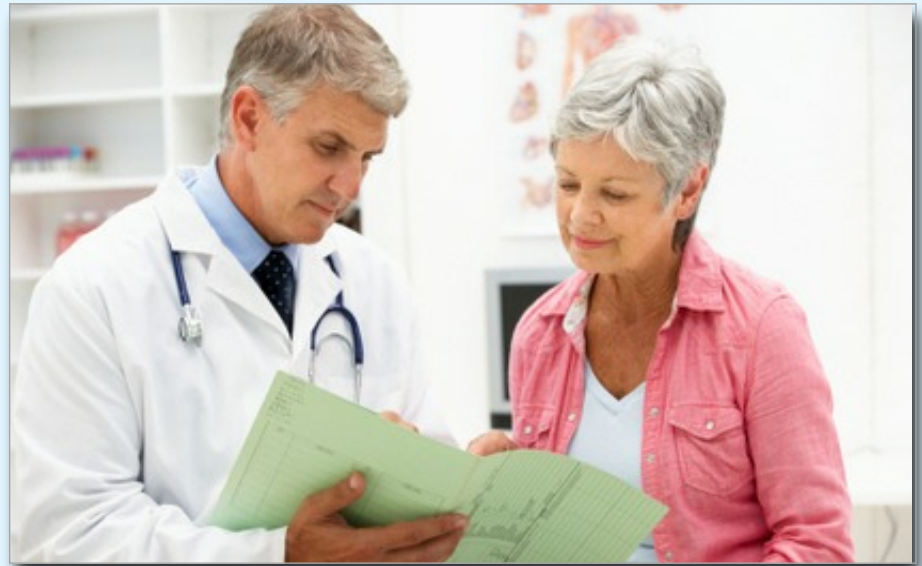


Identify Specific Patient Inflammation Triggers

"The basics don't always work as fast as we would like, although the patient is feeling better, we get a nagging feeling that maybe we missed something."

Previously, we've discussed inflammation, how inflammation is associated with major diseases and provided lab markers and protocols. After reviewing the videos, I would say most of the basics were covered. But sometimes the basics don't work as fast as we would like, and even though the patient is feeling better, we get a nagging feeling that maybe we missed something. Specifically, "is there some underlying hidden infection that I couldn't detect?"

That's why when Dr. Louis Boven started sharing his approach to underlying causes of inflammation, I got so excited and wanted to devote some time to discuss his clinical strategies. Dr. Louis Boven committed to teaching his experiences in a weekend seminar where participants can workshop the technique, but I wanted to give you the overview.



Sometimes we forget that inflammation is a chemical process and anything that irritates the body can cause inflammation. Inflammation is the body's natural response to deal with or wall off an area that is irritated. It is often used to protect the body from adverse insults whether they are chemical, physical or infectious. So the thought for today will be "how do we identify the processes that cause inflammation?" If we don't heal the infection, heal the organ damage associated with the infection,

eliminate the chemical insults or correct an overzealous immune system, the body will not heal completely.

So we ask ourselves, what causes the inflammatory process? And are there ways clinically to assess whether infection, trauma or organ dysfunction are associated with this inflammatory process? Unless we understand the process, we may not be able to determine the best therapeutic regiment for the patient.

For example, we would do things differently for infection than we would do if the suspected cause were trauma, autoimmune or organ damage. What was the "original sin" and what effects have been made that also need to be reversed?

Infections can increase cytokines, which can increase inflammation systemically. So you may have an infection, an organ or organs that were compromised by the infection and perhaps a hyper vigilant immune system caused by long standing insults where the body loses its ability to regulate. Hyper vigilance in the immune system can have far reaching implications and may be the beginning of "autoimmune disease."

Dr. Boven is one of many doctors who see the body as a whole with many interwoven intricacies and looks for ways to communicate with the body in an effort to assess and determine therapies. Although he is a Diplomate in Applied Kinesiology, he often uses many assessment techniques that do not involve muscle testing. He uses reflex points, changes in range of motion as well as palpation to determine patterns. These help assess and diagnose involvement and aid in determining a treatment protocol. Many doctors have utilized neurolingual taste testing but Dr. Boven uses his own unique style.

Let's take trigger points for example. Once a tender trigger point is located it leads you to the systems that may be involved. This is where he uses 21st Century Homeopathics to determine types of hidden infections or chemical insults that might be compromising healing.

21st Century Homeopathics make 10 different broad spectrum homeopathic formulas including virus, bacteria, fungal/yeast, para-

sitic and heavy metal detox. Dr. Boven has patients taste the formulas to see if the tasting changes the tenderness, range of motion or palpation findings. The formula indicated leads you to explore a category or therapeutic direction for further testing. For example if Detox Virus calmed the hot trigger point, we would test nutrients that are associated with viral healing.

Here are his words, "When you have a kidney infection you have to determine at some level if there has actually been kidney damage from the infection or is it just functional. So, do we need to rebuild kidney tissue, support the function or just eliminate the insult and allow the body to heal?"

For instance, if Cytozyme-KD tests positive, you can extrapolate that the kidney tissue has been damaged by the infection and needs to be supported to allow sustained healing. Therefore, when treating this example you would use the substances that tested positive. These would include homeopathics and nutrients that support the organ function as well as the specific nutrients that help balance the immune system. "

I know we are making some theoretical leaps in this thinking. However, Dr. Boven has found these methods to be extremely beneficial for those unresponsive patients for whom other therapies have failed. On this page are the dates and location for Dr. Boven's upcoming events. While it's fresh on your mind, register today for Dr. Boven's seminar on "The Underlying Causes of Inflammation." Both his lecture and practical workshops are definitely worth the time.

Thanks for reading this week's edition of the Tuesday Minute. I will see you next Tuesday.